

**RUN THE RACE**

HEBREWS 12:1-3

Therefore, since we are surrounded by such a great cloud of witnesses, let us **throw off everything that hinders** and the sin that so easily entangles. And **let us run with perseverance** **the race marked out for us,**<sup>2</sup> **fixing our eyes on Jesus**, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God.<sup>3</sup> Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart.



HEBREWS 12:1-3 NIV

# "THE RACE" HEBREWS 12:1

- In Greek, the noun, "race," may refer to any kind of athletic contest, but the context points to a **footrace** - not a short sprint...but **a lengthy race where perseverance and endurance are essential...**
- The race is **"marked out for us"** by God, implying that **every believer's duty is to run the race**

*David L. Allen. Hebrews : An Exegetical and Theological Exposition of Holy Scripture. Vol. 35. The New American Commentary (Holman Reference, 2010), section Exhortations to Draw Near, Hold Fast, and Love One Another (10:19-13:21), EBSCOhost.*

# A BOSTON MARATHON



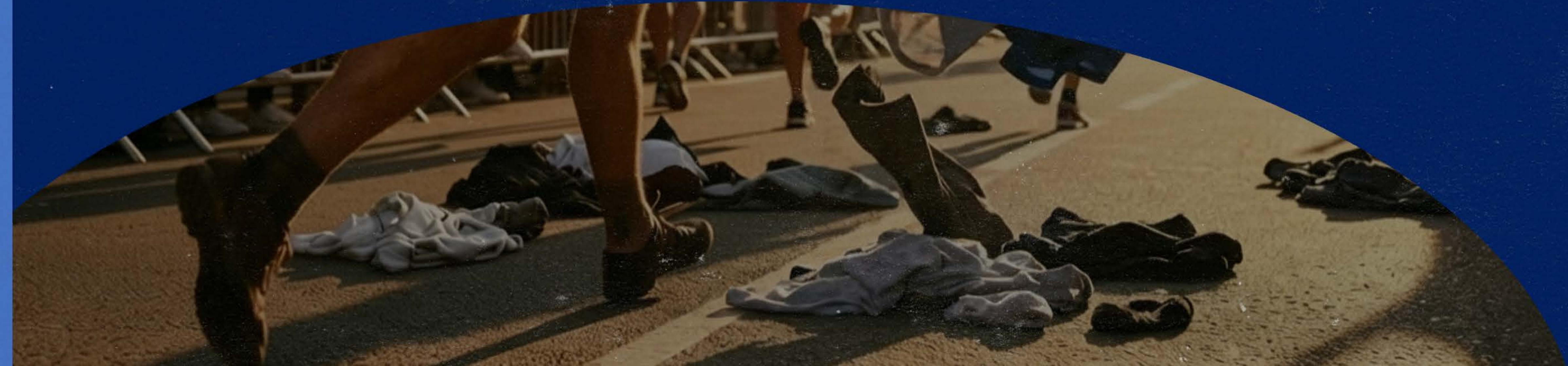
<https://www.nbcnews.com/news/us-news/runners-who-didnt-finish-2013-boston-marathon-scoop-added-slots-flna8c11109147>



**RUN  
WITHOUT HINDRANCES**

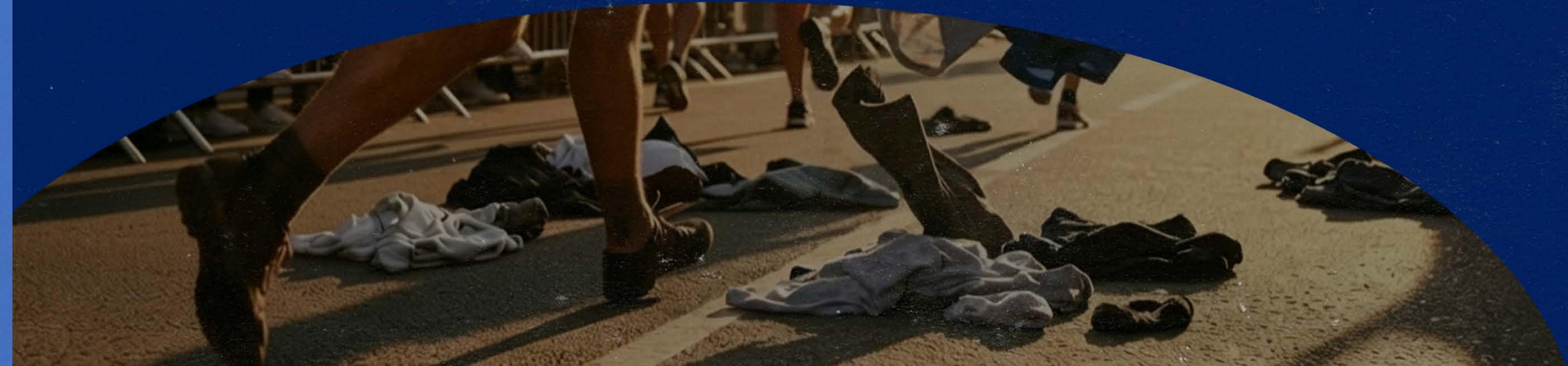
# **"THROW OFF EVERYTHING THAT HINDERS"**

In Greek, it refers to anything that impedes or hinders the runner's progress. It can be translated as "weight," "hindrance," or "encumbrance"



# "THROW OFF EVERYTHING THAT HINDERS"

- If the runner refuses to put it aside any such hindrance, **though innocent in itself**, has the potential to encumber, weigh down, or distract



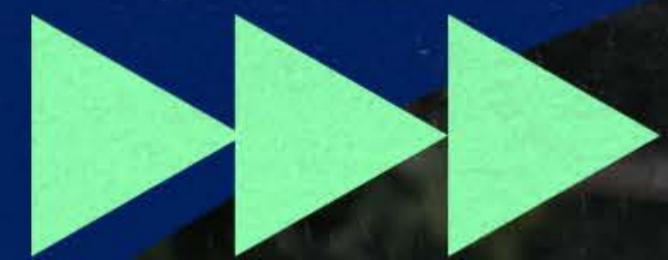
# "THROW OFF EVERYTHING THAT HINDERS"

- If the runner refuses to put it aside any such hindrance, **though innocent in itself**, has the potential to encumber, weigh down, or distract
- Dispense with absolutely anything that will distract you from successfully running the race of faith





**"THROW OFF...  
THE SIN THAT SO  
EASILY ENTANGLES"**



**RUN  
WITH PERSEVERANCE**

# The perseverance at the 2018 Boston Marathon, in 26 photos

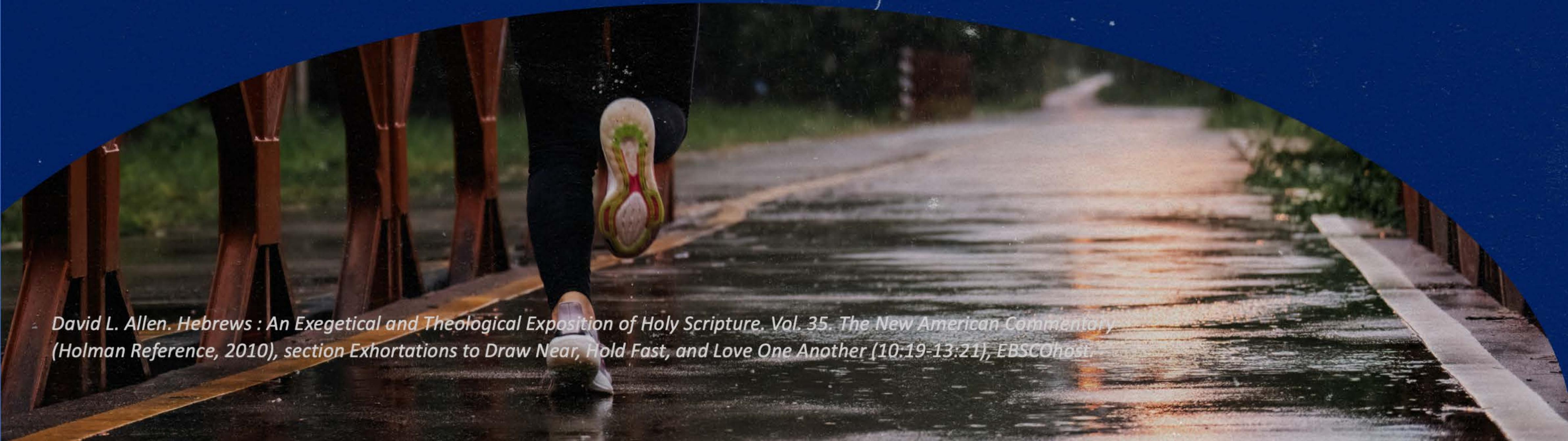
Rain, wind, cold temps—Marathon Monday in 2018 had it all.



<https://www.boston.com/sports/boston-marathon/2018/04/16/photos-boston-marathon-2018/>

# "PERSEVERANCE" HEBREWS 12:1

The Greek word translated "perseverance" connotes an active endurance involving effort and struggle, not a passive patience

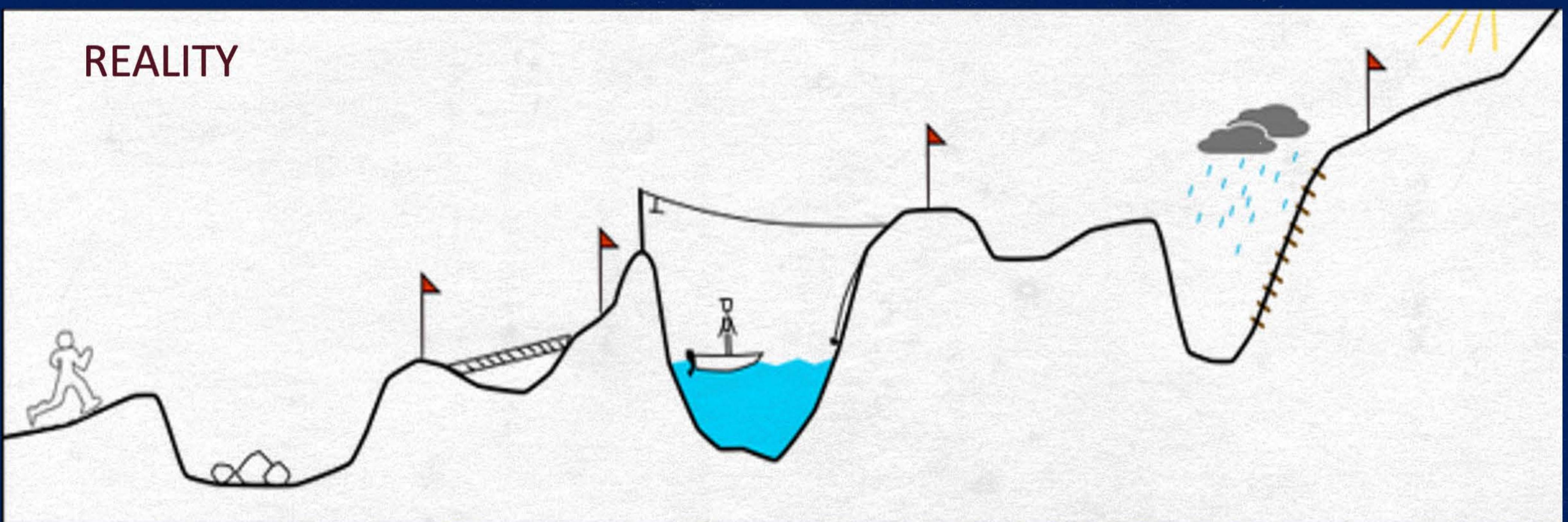


*David L. Allen. Hebrews : An Exegetical and Theological Exposition of Holy Scripture. Vol. 35. The New American Commentary (Holman Reference, 2010), section Exhortations to Draw Near, Hold Fast, and Love One Another (10:19-13:21), EBSCOhost.*

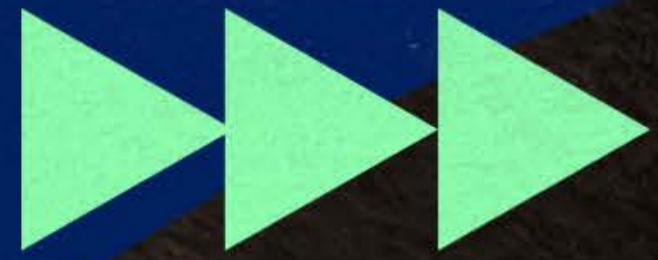


<https://laughingsquid.com/plans-a-comic-about-unexpected-life-obstacles-by-doghouse-diaries/>

# THE RACE REQUIRES PERSEVERANCE



<https://laughingsquid.com/plans-a-comic-about-unexpected-life-obstacles-by-doghouse-diaries/>



**RUN  
WITH FOCUS ON JESUS**

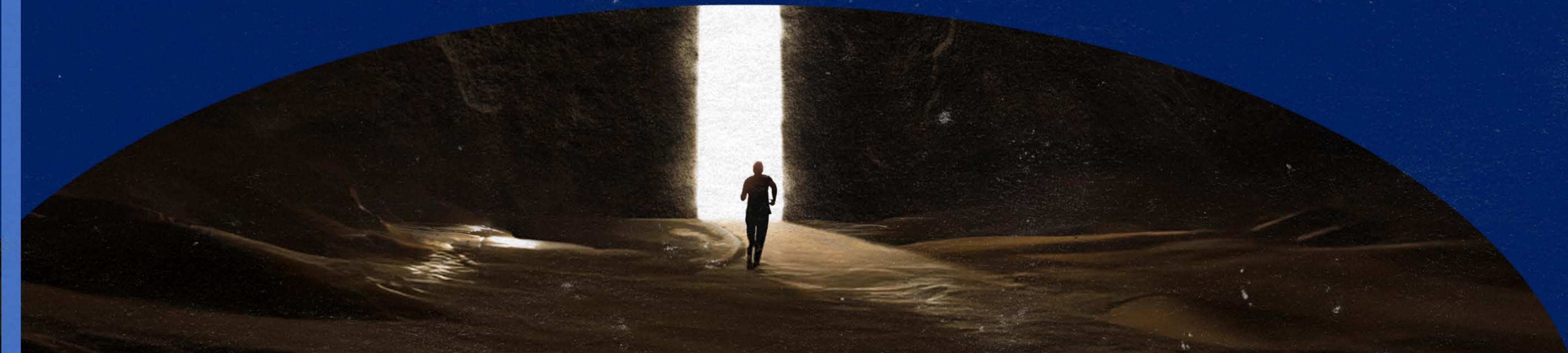
# **JESUS: THE PIONEER AND PERFECTOR OF FAITH**

**HEBREWS 12:2**

- The **source** of faith
- The **model** of faith



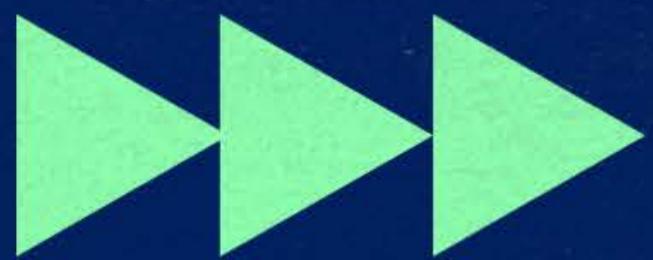
*Perseverance is not the result of  
our effort and determination.  
It is the result of focusing on Jesus.  
He is the SOURCE of our perseverance!*



*Jesus endured insults, ridicule, torture, opposition,  
rejection, pain, and even death.  
He is a **MODEL** who enables us  
to persevere to the end.*







# RUN THE RACE

WITHOUT HINDRANCES  
WITH PERSEVERANCE  
WITH A FOCUS ON JESUS